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சுவசிரிபாய
SUWASIRIPAYA

මගේ අංකය)
எனது இல)
My No.) EPID/400/n-CoV/Vaccine

ඔබේ අංකය)
உமது இல)
Your No. :)

දිනය)
திகதி) 26.03.2021
Date)

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சுகாதார் அமைச்சு
Ministry of Health

Provincial Director of Health Services
Regional Director of Health Services
Heads of Institutions

Guidance on information to be given to COVID 19 vaccine recipients

The Ministry of Health has identified the essential requirement of closely monitoring all possible adverse events following vaccination with COVID 19 vaccines including all coincidental events that might be attributed to the vaccines and the vaccination. Considering the requirement of appropriate rapid response to all possible adverse events of COVID 19 vaccines, it is essential to notify the occurrence of any untoward medical event within 3 weeks of vaccination with a COVID 19 vaccine to the Epidemiology Unit (refer letter dated 19.03.2021, No: EPID/400/n-COV/Vaccine titled; Covishield COVID 19 vaccination campaign in Sri Lanka: reporting of hospital admissions after vaccination).

Further, it is essential to take additional precautionary measures to detect and avoid possible adverse events following vaccination with a COVID 19 vaccine. In this regard, the following information should be provided to the vaccine recipients.

1. Avoid any non-routine strenuous activities for 2 weeks following immunization with a COVID-19 vaccine.
2. Drink plenty of fluids to avoid dehydration.
3. Take only paracetamol in the recommended dosage for the treatment of fever/headache/pain relief.
4. Seek prompt medical advice from a government hospital if a vaccine recipient has fever, headache or any other unusual status of ill health on any day from day 3 up to 3 weeks following vaccination. The vaccine recipient should inform the treating physician of the recent history of COVID 19 vaccination.

It is the responsibility of the officer-in-charge of the vaccination centre to ensure that this information is conveyed to the vaccine recipient at the time of the vaccination.

You are requested to bring the contents of this letter to the attention of Consultants/Medical Officers and other relevant healthcare staff of your province/district/institution and to ensure that this guidance is strictly followed.

Dr Asela Gunawardena
Director General of Health Services

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