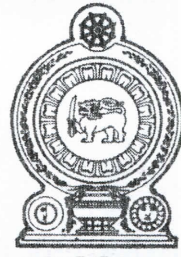


දුරකථන ) 011 2669192 , 011 2675011  
தொலைபேசி ) 011 2698507 , 011 2694033  
Telephone ) 011 2675449 , 011 2675280

ෆැක්ස් ) 011 2693866  
பெக்ஸ் ) 011 2693869  
Fax ) 011 2692913

විද්‍යුත් තැපෑල ) postmaster@health.gov.lk  
மின்னஞ்சல் முகவரி )  
e-mail )

වෙබ් අඩවිය ) www.health.gov.lk  
இணையத்தளம் )  
website )



සුවසිරිපාය  
சுவசிரிபாய

SUWASIRIPAYA

සෞඛ්‍ය අමාත්‍යාංශය  
சுகாதார் அமைச்சு  
Ministry of Health

මගේ අංකය )  
எனது இல )  
My No. ) EPID/400/n-CoV/Vaccine

ඔබේ අංකය )  
உமது இல )  
Your No. : )

දිනය )  
திகதி ) 27.04.2021  
Date )

Provincial Director of Health Services  
Regional Director of Health Services  
Heads of Institutions

### Revised Guidance on information to be given to COVID 19 vaccine recipients

The Ministry of Health has identified the essential requirement of closely monitoring all possible adverse events following vaccination with COVID 19 vaccines including all coincidental events that might be attributed to the vaccines and the vaccination. Considering the requirement of appropriate rapid response to all possible adverse events of COVID 19 vaccines, it is essential to notify the occurrence of any untoward medical event within 3 weeks of vaccination with a COVID 19 vaccine to the Epidemiology Unit (refer letter dated 19.03.2021, No: EPID/400/n-COV/Vaccine titled; Covishield COVID 19 vaccination campaign in Sri Lanka: reporting of hospital admissions after vaccination).

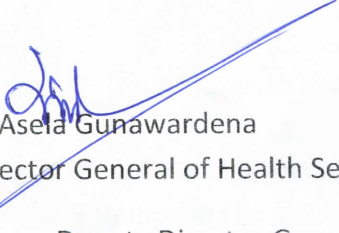
Further, it is essential to take additional precautionary measures to detect and avoid possible adverse events following vaccination with a COVID 19 vaccine. In this regard, the following information should be provided to the vaccine recipients.

1. Avoid any non-routine strenuous activities for 2 weeks following immunization with a COVID 19 vaccine.
2. Drink plenty of fluids to avoid dehydration.
3. Take only paracetamol in the recommended dosage for the treatment of fever/headache/pain relief.
4. Seek prompt medical advice from a government hospital if a vaccine recipient has shortness of breath, chest pain, neurological symptoms, including severe and persistent headaches, blurred vision, seizures/ fits, severe abdominal pain, severe leg pain and/ or swelling, tiny blood spots under the skin beyond the site of injection, or any other unusual status of ill health on any day from day 3 up to 3 weeks following vaccination. The vaccine recipient should inform the treating physician of the recent history of COVID 19 vaccination.

It is the responsibility of the officer-in-charge of the vaccination centre to ensure that this information is conveyed to the vaccine recipient before the vaccination.

You are requested to bring the contents of this letter to the attention of Consultants/Medical Officers and other relevant health staff of your province/district/institution and to ensure that this guidance is strictly followed.

This guidance is issued as a revision of the guidance issued by me on the same subject, even numbered, and dated 26. 03. 2021.

  
Dr Asele Gunawardena  
Director General of Health Services

**Dr. ASELA GUNAWARDENA**  
Director General of Health Services  
Ministry of Health  
"Suwasiripaya"  
385, Rev. Baddegama Wimalawansa Thero Mawatha,  
Colombo 10.

Cc: Deputy Director General/PHS I  
Deputy Director General/Medical Services I  
Deputy Director General/Medical Services II  
Chief Epidemiologist